

## Services

### **Bodywork for Horses\***

*to improve general well being and performance by releasing tension & restriction (Masterson Method® & other bodywork modalities)*

### **Path to Performance™**

*in-hand work and longing to create a relaxed, supple, strong and confident horse.*

*\*) Bodywork for horses is a wellness modality, not a substitute for veterinary care.*



Reinhold's  
Horse Wellness 

**Stefanie Reinhold**  
Certified  
Masterson Method®  
Practitioner

Beloit, WI 53511

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Reinhold's   
Horse Wellness

## Equine Services



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Call (608) 513 8777

# The Path to Performance™

## Your Horse—Your Passion—Your Joy



You want the best for your horse and to know your horse is well and up to the task.

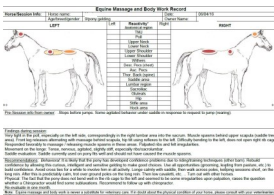
Wellness-related performance issues can take the joy out of riding.

- Short-striding, not taking a lead
- Unexplained 'offness' or lameness
- Trouble bending or overall stiffness
- General performance decline & more

Many of these problems have their root in muscle tension, negative movement habits, and proprioception issues.

### I will work with you to

- Identify and release tension & restriction in your horse through bodywork
- Uncover movement and postural habits that can be a cause for restrictions
- Develop targeted in-hand exercises you can do with your horse to create relaxation, suppleness and strength



You receive a bodywork record to keep track of progress and recommendations.

## Price List

**Bodywork—Baseline Eval** \$130.00  
*Incl. thorough evaluation of the horse, the horse's movement and saddle fit*

**Bodywork Session** \$95  
*Tailored bodywork session, incl. detailed report  
 1 hour*

**Saddle Fit Evaluation** \$35.00  
*1 saddle*

**Saddle Fit Evaluation** \$60  
*Evaluate fit of up to 3 different saddles, incl. detailed report & images,*

**Path to Performance™ Instruction—In-Hand and Longing** \$75  
*Relaxation—Suppleness—Gymnasticizing  
 45 minutes*

**Barn Call** \$0.00  
*Three services at same location  
 For less than three services, please calculate \$1 per one-way mile*

I gladly accept cash, check or



Thank you!

### My philosophy:

Horse Wellness is a team approach. If you are interested in learning exercises to help you horse, I will be happy to teach you or your staff.

*I look forward to working with you.*



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