

Hone Your Competitive Edge - With X-Training on the Trail!

SATURDAY, APRIL 29*

Saddle Ridge Stables, 1273 Judd Road, Oregon, WI

- ⇒ **Small Groups to ensure Individual Attention**
- ⇒ **Learn to Address Fear or Safety Concerns**
- ⇒ **Get Answers to Your Questions from Expert & Endurance Champion *Bonnie Mielke***

About the Clinic

Do you want to explore or expand on **trail riding as X-training**? Whether dressage, jumping, trail riding, endurance, or pleasure, your horse will benefit from X-training on the trail. *Bonnie Mielke* presents the basics of **safely conditioning and strengthening your horse on the trail** from her more than 40 years experience in the sport of distance riding. Her presentation style is direct and to-the-point. For those looking to learn tips, tricks, and how tos around **safety and effectiveness**, this is a day well spent!

Morning Program (lecture)

- Presentation & Lecture with FAQ—X-training on the trail, conditioning, rider & horse safety, trail etiquette, maintaining your horse's soundness.

LUNCH (lunch, snacks & water provided)

Afternoon Program (riding)

- 3 x 45 minute Trail Rides in small groups of 2-3 riders for individual attention
- In parallel: "Gymnasticizing on the trail—learn patterns and exercises you can transfer to the trail" with *Stefanie Reinhold* (indoor arena)

ABOUT BONNIE MIELKE

With over 45,000 miles of competitive riding under her belt, *Bonnie Mielke* - multiple endurance champion and passionate breeder of champion horses - looks back at 40 years of successfully competing in endurance, limited distance, and competitive trail. Most of her successes were accomplished on her home-bred Polish Arabians, with her current *champion gelding OLA Loki* (16) having 11 Championships to show for. Bonnie's priority is the wellness of her horses - one reason why her mature gelding Loki has been sound in 7000 miles of competitions for 13 years. She is a retired teacher and enjoys sharing her experience for the benefit of other riders.

*) Rain Date 5/20



Bonnie Mielke & OLA Loki



\$145

1-DAY SEMINAR

Limited participants

Individual attention

Lunch & snacks incl.

(Auditors \$45 incl.
lunch)

Limited Participants! (8)

**To register
call or email**

Phone: 608 513 8777

Email:
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